

Hello from Jennyruth Workshops

The Rainbow Miles

Number of rainbow miles walked so far	1024.2
Current amount raised	£2384

Have you got your Rainbow Miles T-Shirt yet?


T-Shirts can be ordered online for £10 plus postage and packing via our online shop:



<https://www.jennyruth.co.uk/product-page/our-rainbowmiles-t-shirts>

or you can ring the workshop to place your order and pick the T-Shirt up from the drop box outside.


T-Shirts are available in Medium, Large and Extra Large.




Sign of the Week
6th – 12th July 2020

This week's sign is Rainbow!

Join in with our Sign of the Week. Make and share your own video using the hashtag #wetalkmakaton to appear on our video wall on [wetalkmakaton.org](https://www.wetalkmakaton.org)


Rainbow


Rainbow

We have provided you with these signs and/ or symbols free of charge. With your help The Makaton Charity can help more people communicate, please donate online at makaton.org/donate

Makaton Symbols and Signs graphics © The Makaton Charity 2020 makaton.org

Let's talk Makaton

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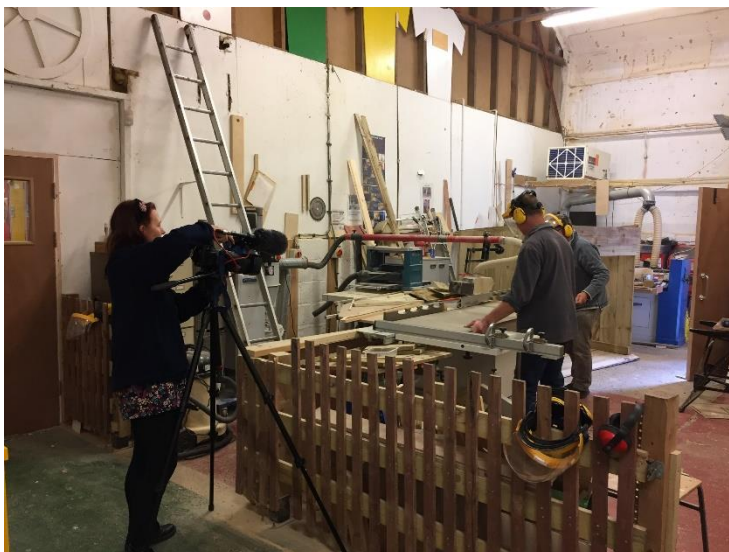
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10th July 2020

We are TV and radio stars!

Look North have visited us here at the workshops to film a feature of how we have been working during lockdown. Did you see it on the news this week? Special thanks go to Hannah and her mum Helen for getting in touch with the BBC and for being great ambassadors for the workshops. Don't worry if you missed it, this is a link to a Youtube recording <https://youtu.be/-QUx2EuGcU0>

Anna has also recorded an interview for Stray FM which is due to be aired this week and followed by a feature on social media – we will keep you updated.



10th July 2020



FROM THE WORKSHOPS

Changes

The Mess room is almost complete. Cupboards, walls, lights and floor have all be updated and the final touches are being done as I type. The Blue Room has been redecorated and is now the green room, which looks fantastic!

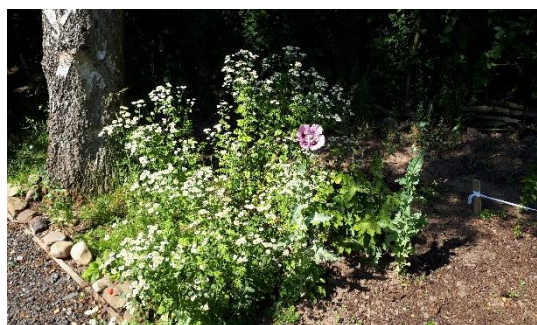


The Garden

Whilst changes are happening in the Workshops the only change to the garden is the addition of a pond!



The rest of the changes in the garden were done by Mother Nature with a helping hand from Trixie. We thought you would like to see how the plants in the garden are growing and blossoming



10th July 2020

Contributions from the workers



This week we want to say thank you to William Scrope for providing our Friday Afternoon Fun. William has made an amazing slide show of his Star Wars paintings. You can view it here.

<https://youtu.be/MPbMb5JGLks>

A poem by Jamie (with a little help) inspired by Don's reading time poems about food.

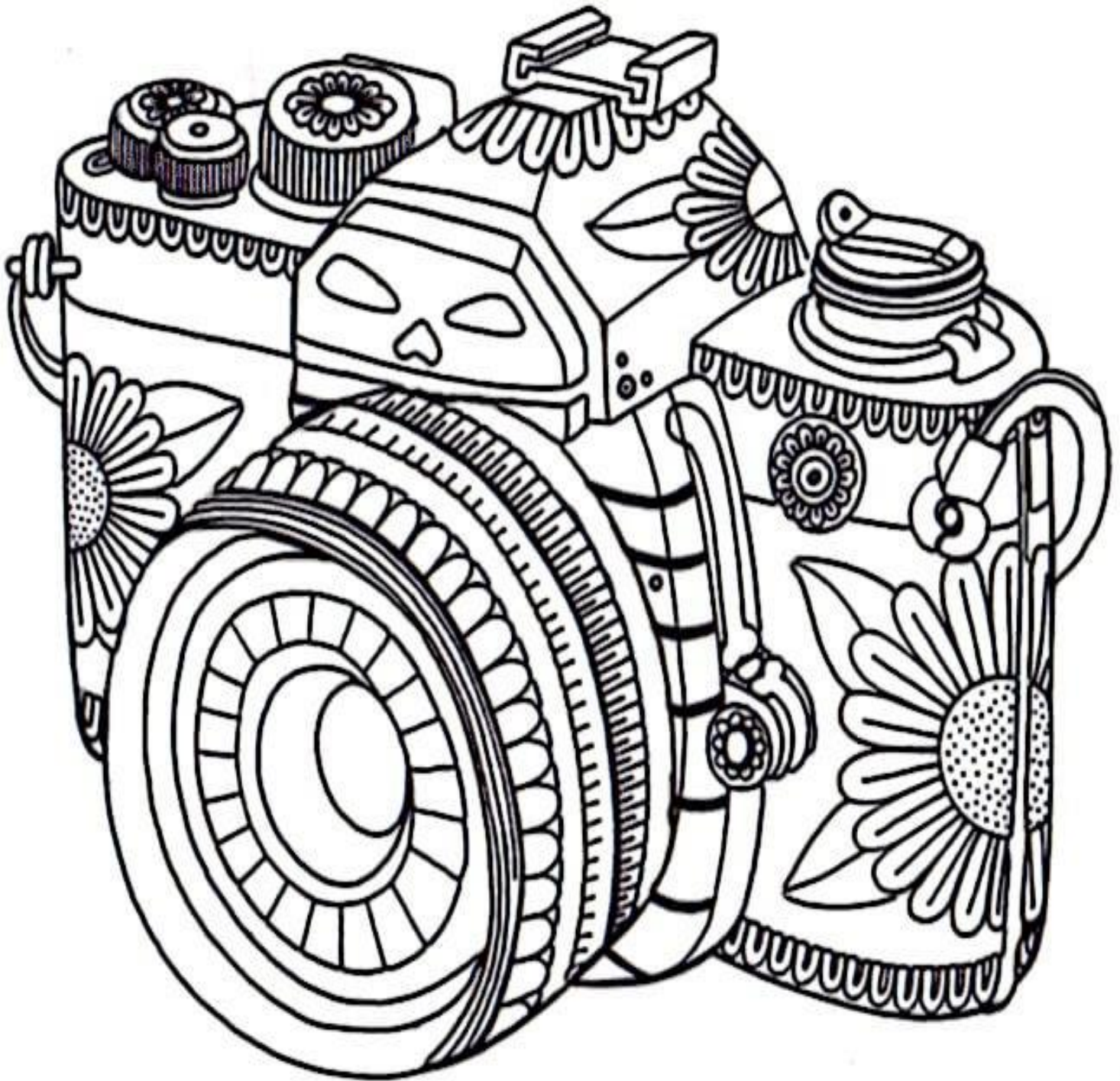
Spaghetti Bolognaise

At lunchtime I am hungry,
There's a rumbling in my tum
The smell wafts from the saucepan,
The spaghetti bol is done.

I serve it in the dishes
And sit down in my place
I wrap the worms around my fork
And lift it to my face.

The worms fall off, the sauce does splash,
I make an awful mess.
Perhaps next meal is bread and jam,
It's easier to eat, I guess.

AN ACTIVITY FOR YOU TO DO AT HOME



10th July 2020



Update on our summer surprises

Our programme of special summer features will now be for **one week only** from Monday 3 August. Further details to follow.

Special request for you to join in

Send your photos, videos or other ideas to our Whatsapp on 07565 387061 by 17th July

- **Videos that begin with a “Guess where I am today” introduction, with clues and photographs.**
- **A photograph of “My favourite place to sit” and a sentence to tell us why.**
- **A mini walk round tours from you on e.g. of your garden, of your farm, of your dog and you, of your miniature railway in the garden, of any interesting hobbies or activities you might be doing.**
- **A selection of photographs together of “How to do” or “How to make or bake etc.**
- **An activity video e.g. a Nature trail etc. adventures in the great outdoors, building a den, pond dipping, fishing, singing round a campfire, walking on the beach or reading a story in a wildflower meadow.**

Keep the ideas coming in thick and fast before 17th July, so we can get them out there for everyone to see and enjoy.

Summer is here, we all need some fun, lets enjoy ourselves and have some laughter and good times we all need it in spade-fuls!! 😊

Wanted:

Please can we have your tetra packs for us to use for potting on plants. Please leave in the drop-off box. Thank you!

MEET THE TEAM



Steve Carrigan	
How long you have worked at Jennyruth Workshops?	2 years (but volunteered for 12)
Your favourite thing about Jennyruth Workshops	The people
Your favourite place to go on holiday	Switzerland
Have you ever lived in a different country?	Germany
Your favourite place to visit in the UK	Scotland
Your favourite food	Cheeses
Your favourite film	Local Hero
Your favourite TV programme	Repair Shop
What is your favourite place to go to lunch?	Ramslowenen in Kienthal
What is your favourite pudding?	Tiramisu
Do you have any pets? If yes, what animals are they and what are their names?	Tilly our dog
If you were an animal what would you be?	Sea otter
How many brothers and sisters have you got?	2 sisters
Something we may not know about you	I used to teach T'ai Chi
Have you got a secret skill?	If I told you it would not be a secret!
What have you missed while staying safe at home?	Seeing family and friends
What do you do that makes you feel happy?	Doing things for others that makes them pleased and happy.

JENNYRUTH PHOTO GALLERY



Some great painting work this week



**Jennyruth
Workshops**

A productive workshop where adults who have learning disabilities gain confidence, work and life skills.

This is to certify that
Hannah



has achieved
Worker of the Week

Week commencing 6th July 2020 for: -

Taking part in all the Zooms and lots of activities, for your beautiful painting at home, for always being enthusiastic, and for walking lots of rainbow miles.

Nicky Newell,
Chief Officer

Jennyruth Workshops, Unit 5, Red House Farm, Bridge Hewick, RIPON, HG4 5AY
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10th July 2020





Emma having fun on the farm

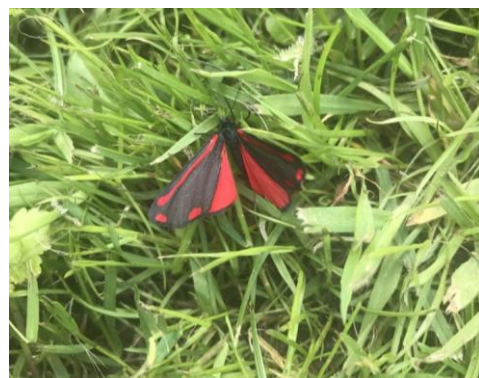


Memories of summers past...





Our Rainbow Miles Gallery



Cinnabar Moth spotted by Victoria on her walk

10th July 2020