

Hello from the Workshops

SIGN OF THE WEEK – TO THINK



Number of rainbow miles walked so far: 1367.4



Amount raised: £2,522

<https://www.gofundme.com/f/the-rainbow-miles>

Our brand new banner, all ready for our next stall.



4th September 2020



We had a successful morning in Ripon Market place the other week selling over £600 of products.

Well done and thank you to our superstar fundraiser Emma for raising an amazing £136.50 for the workshops selling cakes, rings and bracelets.



Ripon Community Jigsaw Project

Visit www.jennyruth.co.uk/community-jigsaw-project

JAMIE'S JOKE – What is the best year for a kangaroo? A Leap Year!!!!

4th September 2020

NEWS FROM THE WORKSHOPS

Messages to the workers from Victoria Matthews-Patel and Joy Wood:



Sadly, I am leaving Jennyruth Workshops. It is a real shame that I only got to work with you face to face for 2.5 months before lockdown started. You are all amazing and a real inspiration. I will never forget how lovely it was working with you at the workshops and seeing you so happy and smiley on the Zoom calls. You made work a joy and I will miss you all.

Take care and stay safe.

Lots of love

Victoria (and Murphy) xx

Victoria is looking forward to seeing those in her Wellbeing Small Group on Wednesday.



4th September 2020



Hello lovely friends, 😊 😊

Hoping everyone is feeling fine and enjoying all the different things that you are getting to do whilst you are all away from the workshops. Keep up all the good work that you are doing at home – What stars you are !!

Seems a little while since our Summer Surprises week but wasn't it fun? Hope you enjoyed all the different things to see and do, it

was great that so many people joined in to bring you stories, workouts, videos, cookery tips, quizzes, music, interesting things to learn and try out, even a walk in the South African Bush. Wow!! What a fantastic time we had! Hope next year you will all be back together at the workshops for some more Summer fun!

I can't believe that now it is September and before we know it, it will be Christmas. I guess there will be lots of work to do at Jennyruth Workshops before then?

Tony says "Hello" and we both hope to see you soon. Some of you might already know and some of you might not, but last month I made a very big decision to retire from Jennyruth Workshops! Lots of different reasons why, but not least, it is rather a long walk and quite a lot of Rainbow miles to get there from West Tanfield! I think it would be time to go home before I got there!

So, I am going to have some time off at home for a while and do all the jobs that need doing here, some decorating and gardening and catching up with friends for cake and a cuppa and walking with Finn and putting my feet up when I have done all of that!!

I will keep in touch with you all and call in often when you get back to the workshops and catch up with everyone's news. You are all very special friends to Tony and I and we love you to the moon and back, so keep smiling, stay happy and enjoy whatever you do each day.

See you soon, big, long distance hugs, Joy. 😊

MEET THE TEAM – DON GRUNDY



HOW LONG HAVE YOU WORKED AT JENNYRUTH WORKSHOPS:

I have been involved for 7 years, only as a Trustee.

YOUR FAVOURITE THING ABOUT JENNYRUTH WORKSHOPS:

Seeing all the wonderful workers when you walk through the doors. I always leave Jennyruth Workshops with a smile!

YOUR FAVOURITE PLACE TO GO ON HOLIDAY:

Italy - the Lakeland area in the North, especially Lake Como, although I love to travel anywhere.

HAVE YOU EVER LIVED IN DIFFERENT COUNTRY:

No sadly I wanted to but the opportunity never worked out.

YOUR FAVOURITE PLACE TO VISIT IN THE UK:

London – I just love the busy atmosphere, the lights and the Theatres – although Sadie does drag me around the shops!!

YOUR FAVOURITE FOOD:

I make a wonderful Risotto, just rich Carnaroli Rice poached with anything you find in the fridge plus lots of herbs from the garden – Delicious!!

YOUR FAVOURITE FILM:

Cat Ballou – a comedy cowboy tale from the 1970's when I was a youngster!

YOUR FAVOURITE TV PROGRAMME:

I don't watch too much TV but I have found Talking Pictures on 'Freeview Channel 81' and at the weekend there are repeats of wonderful classic programmes, my favourite is "The Adventures of Robin Hood." I remember rushing home from school to watch!!

IF YOU COULD BE ANY CELEBRITY WHO WOULD YOU BE:

Leonard Cohen, not a man many of you will know – a great Poet and Singer/Songwriter but a very, very gentleman, who always had a clever remark to make. I would love to always have something interesting to say in a few words.

WHAT IS YOUR FAVOURITE PLACE TO GO FOR LUNCH:

Sharrow Bay – a beautiful hotel with a wonderful restaurant right on the edge of Ullswater in the Lake District. Every table has a great view right down the Lake, and Lunch can take all afternoon!!

WHAT WOULD YOUR LAST MEAL ON EARTH BE:

Very Rare Fillet Steak with a rich creamy Pink Peppercorn Sauce. Yuummmmm!

WHAT IS YOUR FAVOURITE PUDDING:

Most things chocolatey – with Ice Cream or a gigantic Ice Cream Sundae!!! Delicious!

WHAT ARE YOU FRIGHTENED OF:

Can't think of anything! But perhaps walking in icy conditions I have a poor sense of balance. Oh! Running out of Chocolate!!!

DO YOU HAVE ANY PETS:

No never been a pet person.

IF YOU WERE AN ANIMAL WHAT WOULD YOU BE:

A Giant Panda – they sit around all day just eating and sleeping, plus they are big and cuddly – I'm halfway there!

HOW MANY BROTHER AND SISTERS HAVE YOU GOT:

Just one Brother – and if you have ever eaten Kingsmill Bread or bread from any of the big supermarkets you've eaten his baking. He's a baker with Allied Bakeries, and 10 years younger than me! And I love him to bits!

SOMETHING WE MAY NOT KNOW ABOUT YOU:

I once drove a Police Car on the M6 at over 100mph, with the Blue lights flashing! And I've never been a policeman.

HAVE YOU GOT A SECRET SKILL:

I make a really delicious souffle, it's always on the menu when we have friends round for dinner at the Grundy House!!

HAVE YOU TRIED ANY NEW ACTIVITIES WHILE STAYING SAFE AT HOME:

I am trying to play the piano, but it's not going too well.

WHAT HAVE YOU MISSED WHILE STAYING SAFE AT HOME:

I have really missed seeing friends and obviously seeing all my pals from Jennyruth.

WHAT DO YOU DO THAT MAKES YOU FEEL HAPPY:

In the corner of my garden we have a Summer House. I love to sit in there, surrounded with Jennyruth bunting and reading and watching the blue tits come and go in our Jennyruth tit box. Bliss!



Karen Rossi
Andy Thewlis

Jamie's Joke of the Week

What do you get if you cross a horse
and a skunk?

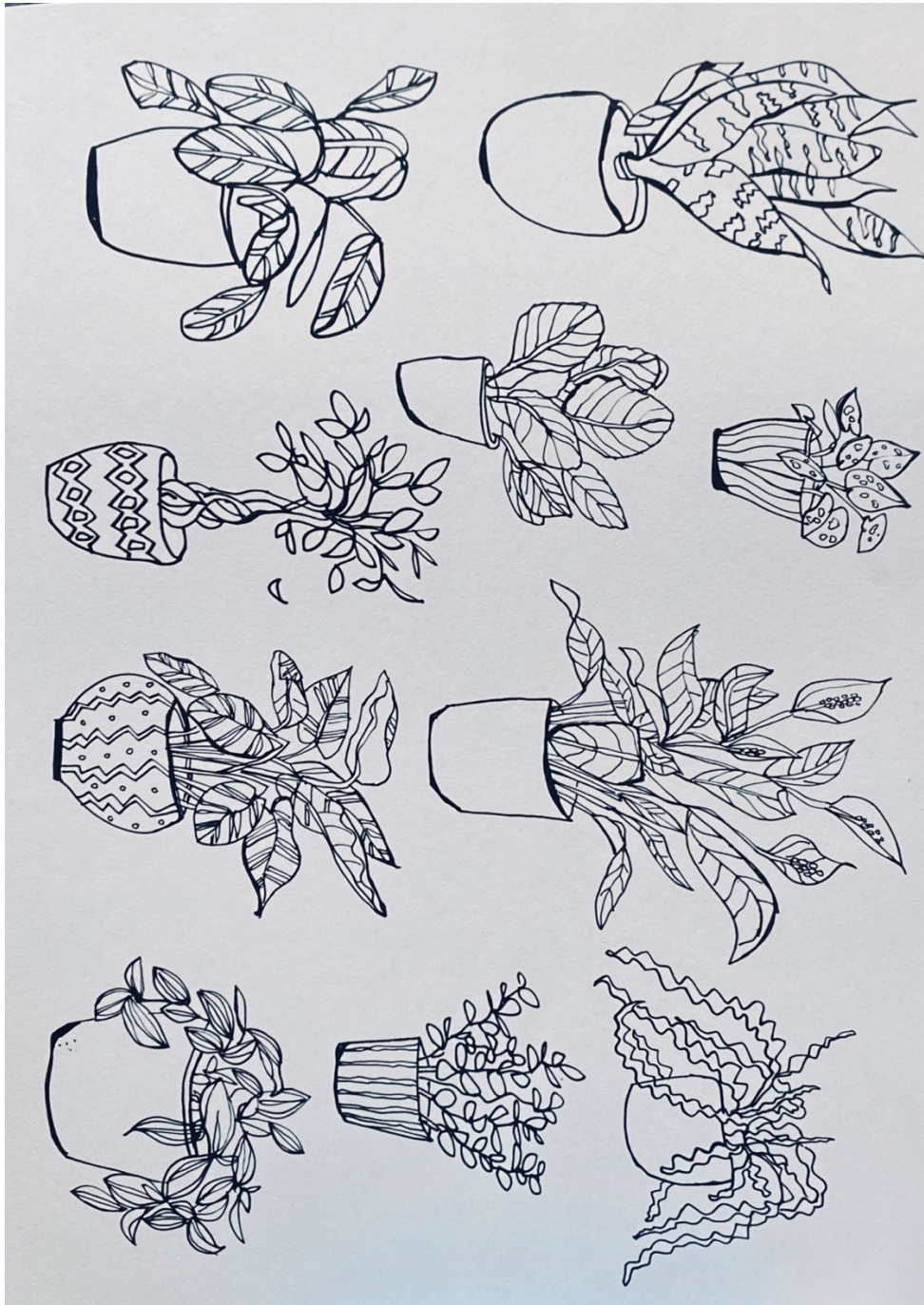
Winnie the Pooh!!!!!!



AN ACTIVITY FOR YOU TO DO AT HOME

A final colouring page from Katie for you to enjoy. Thank you to Katie for allowing us to share these with you.

<https://killustrations.co.uk/>



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4th September 2020

JENNYRUTH PHOTO GALLERY



4th September 2020

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