

Hello from Jennyruth Workshops



One of our trustees, Andrew Burns, has written a fantastic article about Jennyruth's response to the Coronavirus and we wanted to share it with you:
https://b2f509f7-c018-4210-92cc-f920f7f881b0.filesusr.com/ugd/762665_20b862fcd44c41fb8eae9928aacd7616.pdf

FUNDRAISING

Journeys with Jonathan – The Rainbow Miles

Have you seen the fantastic video Anna put together to promote our fundraiser? The Proclaimers kindly gave us permission to change the words to their song:



<https://youtu.be/pJyd0jKN4b8>

Our current number of rainbow miles walked	302.4 rainbow miles
Money raised so far	£1200
	Target - £6000

Your friends and family can donate and get regular updates via our Go Fund Me page:

<https://www.gofundme.com/f/journeys-with-jonathan-the-rainbow-miles>

You can also get regular updates on our new Instagram page:
[@the_rainbow_miles](#)

Numbers of miles walked, and photos and videos of your walks/ exercise should be sent via **Whats App - 07565 387061**



All are well welcome to take part in our Rainbow Miles T-Shirt competition. Draw your design on an A4 sheet of paper. Include the hashtag #rainbowmiles in your design.



The lucky winner will get their design printed on a T-shirt.

Email your design to: victoria@jennyruth.co.uk by this Friday, 22nd May



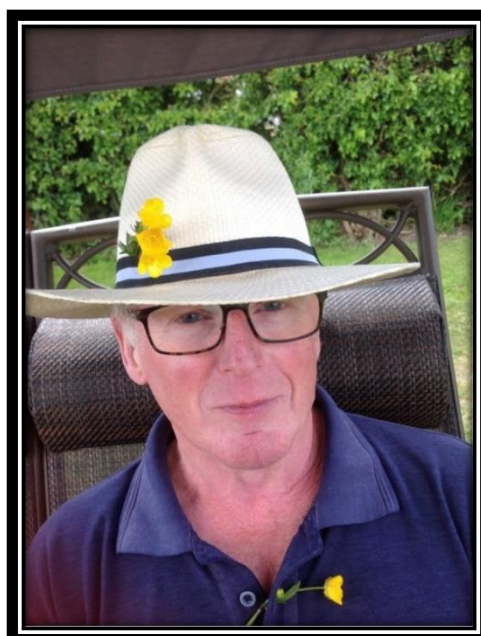
DON'T FORGET

Joy's Poetry Competition

Look out for this week's competition on Friday at 2.30pm on our private Facebook page.

The winner of our Photography Competition is.....

Victoria Thomis



Thank you to all who entered. You can see the other photos within our Gallery.



Have you seen that we now offer a create your own card service via our online shop?

<https://www.jennyruth.co.uk/product-page/create-your-own-card>

We also sell a set of 5 Assorted Birthday Cards.

RAISING FUNDS FOR JENNYRUTH THROUGH AMAZON

We got this email from Marilyn Sanders, with some useful information about supporting Jennyruth Workshops whilst shopping with Amazon:

Recently I caught a post on Twitter from Jennyruth Workshops about AmazonSmile. I wanted to mention when I was setting up AmazonSmile I also came across a browser extension called Smilematic.

It redirects me to smile.amazon.co.uk automatically whenever I shop Amazon so I don't forget to type it in.

Here's the tool:

<https://couponfollow.com/smilematic>

I thought it might be worth mentioning on the News section of the website for other supporters to learn about too.



MAKATON TIME - We are going to be doing another Makaton video. This Friday's Social Zoom at 1.30pm will be a Makaton videoing session.

Here is the link to the video <https://www.youtube.com/watch?v=ejVMex47NLS> so get practising.

KINDNESS - This week is **MENTAL HEALTH AWARENESS WEEK** with a focus on kindness. We will be sharing some resources on our private Facebook page so look out for them.



***This week we send
Birthday wishes
to:***

Shelley Atkinson

Andrew Wilford



Apologies that last week's birthdays were not in the bulletin.



***Belated Birthday
Wishes to:***

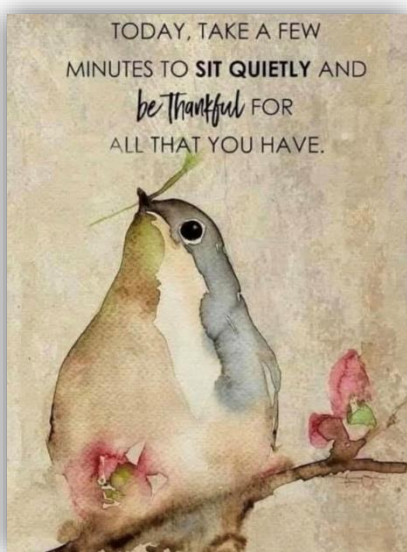
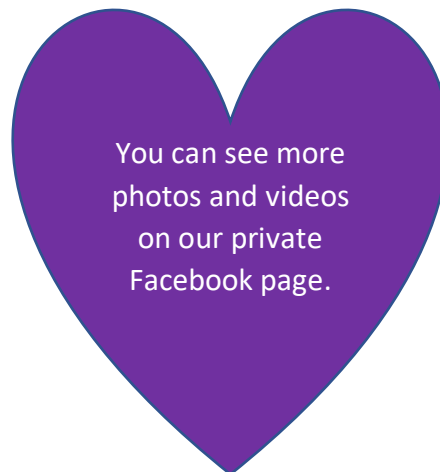
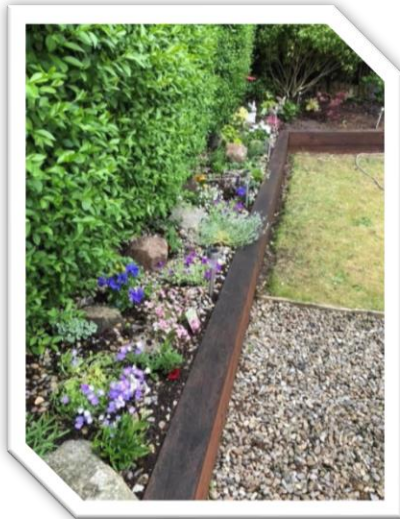
James Newell

Christine Hayes

JENNYRUTH PHOTO GALLERY



Week commencing 18th May 2020





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